



Plant Dewi Project Update - 14.05.2020

All Plant Dewi settings have been closed from the 18th March 2020. Employees have worked from home since the 19th March 2020 and have continued the operational work remotely.

Below is an update on how the services have adapted to maintain contact with families.

Family Centres:

Based in Betws, Garnant, St Pauls Bigyn, Felinfoel, Morfa, Burry Port, Pencader, Llanybydder, Carmarthen, Borth, Lampeter, Tregaron and Llandysul

- One to one support via phone/Social media etc.
- Communication via WhatsApp for social connections and to pass on information
- Signposting to support and/or services as needed.
- Referrals for targeted support.
- Online support/activities including
 - Following weekly timetables via Facebook
 - Well-Being ideas
 - Cooking recipes ideas
 - Arts and Crafts ideas
 - Zoom Language and Play Session
 - Interactive medium with families to share their ideas and crafts
- Referrals to Food bank
- Referrals to Baby Bundle
- Working with Health Visitors and being the point of contact for families
- Regular deliveries of activity packs

Contact Jane Hanwell – jane@plantdewi.co.uk (Carmarthenshire) or Carol Ashling – carol@plantdewi.co.uk (Ceredigion) for further information

Families Together groups

Based in Newcastle Emlyn, Llandeilo, Pembroke Dock and The Mount, Mifflord Haven

- Supporting parents through regular telephone contact and video calling.
- Sharing information to support families via Facebook e.g. food hubs, mental health, wellbeing, activities with children, importance of staying safe.
- Delivery of activity packs
- Regular contact with families under Team around the Family and the relevant professionals to ensure support is ongoing

Contact Sam Duggan – samantha@plantdewi.co.uk for further information

Young Parents groups

Based in Ammanford, Pencader, Pembroke Dock and Merlin's Bridge

- Regular contact with young parents via Facebook messenger and text/phone calls.
- Sharing information and online Facebook activities – craft activities, support in the community, recipes, emotional wellbeing information, online courses etc.
- Delivery of food parcels and baby bundles.
- Skype contact with young parents - recording the impact of COVID 19 and for general catch up on a weekly basis.
- Regular contact with families under Social Services and Team around the Family.
- Regular contact via phone and skype meetings with relevant professionals to ensure support is ongoing for young parents.
- Delivery of activity and wellbeing packs.
- Online video tutorials - workshops on cooking and craft.

Contact Carys Davies – carys@plantdewi.co.uk or Vicky Thomas – vicky@plantdewi.co.uk for further information

Dads Work

Based in Pembroke Dock

- Online drop-in support and activities
- One to one support via phone / social media etc
- Provision / signposting to foodbank supplies as appropriate
- Signposting to relevant additional support services as appropriate due to lock-down / self-isolation

Contact Peter Arnold – peter@plantdewi.co.uk for further information

Baby Bundle

- Hubs in Carmarthen, Pembroke Dock, Cross Hands, Steynton, Aberystwyth
- Referrals are being coordinated centrally
- Funding has been sought to purchase stock
- Referrals can be made for families living in any part of Ceredigion, Carmarthenshire and Pembrokeshire
- Criteria remains the same – family must have financial issues preventing them from purchasing what is needed for their baby – either during pregnancy or up until their child is around 12 months old

Contact Sam Duggan – samantha@plantdewi.co.uk for further information